

Independent Living September 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2				1 Happy Birthday Ray Daves 10:00a Fitness Fun (AR) 10:00a The Sometimes Band (DR) 2:00 p Quarter Bingo (DR) 3:00 p Fri-YAY Happy Hour 4:30 p Left-Right-Center Dice Game (DR)	2 10:00a Chair Yoga 1:00p Movie Time (AR) 3:00p Dominoes (DR) 4:30p Hearts Card Game (DR)
3	4 HAPPY LABOR DAY!	5	6	7	8	9
11:00a First Baptist Church TV Live Stream (AR) 2:00p Sunday Scrabble Board Game (CR) 4:00p Card Game of Choice (DR)	10:00a Fitness Fun(AR) 10:45a Bible Study w/Rachel (AR) 2:00p Quarter Bingo (DR) 3:00p Hand-Foot-Toe (AR) <small>Labor Day</small>	10:00a Walgreens, Bank, Post Office 10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 2:00p Poker (AR) 3:00p Texas Hold 'Em (CR)	10:00a Fitness Fun (AR) 11:00a Cranium Crunches (CR) 1:30p Resident Council (DR) 2:00p Quarter Bingo (DR) 3:00p Wine Down Wed. 4:00p Mexican Train Dominoes (DR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 1:00p Singing w/ Barbara in Assisted Living Lobby 2:00pm Poker (CR) 3:00p Texas Hold 'Em (CR)	10:00a Fitness Fun (AR) 11:00a Lunch Outing - Red Lobster 2:00 p Quarter Bingo (DR) 3:00 p Fri-YAY Happy Hour 4:30 p Checkers Game (DR)	10:00a Chair Yoga 1:00p Movie Time (AR) 3:00p Dominoes (DR) 4:30p Monopoly (DR)
10 Happy Birthday Bob Lawson	11	12 Happy Birthday Judy Holloway	13	14 Happy Birthday Juanita Twiggs	15	16 Happy Birthday Roberta Todd Williams
11:00a First Baptist Church TV Live Stream (AR) 2:00p Sunday Scrabble Board Game (CR) 4:00p Card Game of Choice (DR) <small>Grandparents Day</small>	10:00a Publix's 10:00a Fitness Fun(AR) 10:45a Bible Study w/Rachel (AR) 2:00p Quarter Bingo (DR) 3:00p Hand-Foot-Toe (AR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 2:00p Poker (CR) 3:00p Texas Hold 'Em (CR) 7:00p American Legion Bingo Outing	10:00a Fitness Fun (AR) 10:30a Bible Learning (PDR) 2:00p Quarter Bingo (DR) 3:00p Wine Down Wed. 4:00 Mexican Train Dominoes (DR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 1:00p Singing w/ Barbara in Assisted Living Lobby 2:00p Poker 3:00p Texas Hold 'Em (CR) 3:00p Ice cream Social(DR)	10:00a Fitness Fun (AR) 11:00a Int'l Coffee/Biscotti Day (CR) 2:00 p Quarter Bingo (DR) 3:00 p Fri-YAY Happy Hour w/ AJ & The Blues Rats 4:30 p Left-Right-Center Dice Game (DR) <small>Rosh Hashanah Begins</small>	10:00a Chair Yoga 1:00p Movie Time (AR) 3:00p Dominoes (DR) 4:30p Hearts Card Game (DR) <small>Oktoberfest Begins</small>
17	18 10:00a Walgreens, Bank, Post Office	19	20	21	22	23
11:00a First Baptist Church TV Live Stream (AR) 2:00p Sunday Scrabble Board Game (CR) 4:00p Card Game of Choice (DR)	10:00a Fitness Fun (AR) 10:00a EXT. Trivia w/ Diana 10:45a Bible Study w/Rachel (AR) 2:00p Quarter Bingo (DR) 3:00p Hand-Foot-Toe (AR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 2:00p Poker (CR) 2:00p Craft with Dina (AR) 3:00p Texas Hold 'Em (CR)	10:00a Fitness Fun (AR) 11:00a Cranium Crunches (CR) 1:30p Dining Committee(DR) 2:00p Quarter Bingo (DR) 3:00p Wine Down Wed. 4:00p Mexican Train Dominoes (DR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 1:00p Singing w/ Barbara in Assisted Living Lobby 2:00p Poker (CR) 3:00p Texas Hold 'Em (CR) 3:00p Qwirkle (AR)	10:00a Fitness Fun (AR) 11:00a Lunch Outing - Jim & Nicks 2:00 p Quarter Bingo (DR) 3:00 p Fri-YAY Happy Hour 4:30 p Corn Hole on the Patio	10:00a Chair Yoga 1:00p Movie Time (AR) 3:00p Dominoes (DR) 4:30p Monopoly (DR) <small>Autumn Begins</small>
24	25	26	27	28	29	30
11:00a First Baptist Church TV Live Stream (AR) 2:00p Sunday Scrabble Board Game (CR) 4:00p Card Game of Choice (DR) <small>Yom Kippur</small>	10:00a Walmart 10:00a Fitness Fun (AR) 10:45a Bible Study w/Rachel (AR) 2:00p Quarter Bingo (DR) 3:00p Hand-Foot-Toe (AR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 2:00p Belk's Outing 2:00p Poker (CR) 3:00p Texas Hold 'Em (CR) 7:00p American Legion Bingo Outing	10:00a Fitness Fun (AR) 10:30a Bible Learning (PDR) 2:00p Quarter Bingo (DR) 3:00p Wine Down Wed. w/ Myron 4:00 Mexican Train Dominoes (DR)	10:00a Fitness Fun (AR) 11:00a Team Trivia (CR) 1:00p Singing w/ Barbara in Assisted Living Lobby 2:00p Poker (CR) 3:00p Texas Hold 'Em (CR) 3:00p Ice cream Social (DR)	10:00a Fitness Fun (AR) 11:00a Brain Games (L) 2:00 p Quarter Bingo (DR) 3:00 p Fri-YAY Happy Hour/B-day Party 4:30 p Left-Right-Center Dice Game (DR) <small>Sukkot Begins</small>	10:00a Chair Yoga 1:00p Movie Time (AR) 3:00p Dominoes (DR) 4:30p Monopoly (DR) Location Key: AR - 3rd Floor Activity/Theater Room CR - 2nd Floor Club Room DR - Dining Room ER - 4th Floor Exercise Room L - Lobby